



Brain Health Scotland

Our work in 5 minutes 😊

Prof Craig Ritchie
Professor Psychiatry of Ageing
University of Edinburgh
Director Brain Health Scotland



The University of Edinburgh



**Alzheimer
Scotland**
Action on Dementia



Scottish Government
Riaghaltas na h-Alba
gov.scot

A close-up profile of a woman's face, looking towards the right. Her hair is dark with some blue and purple highlights. Overlaid on the left side of her head is a complex, glowing wireframe mesh that represents a brain. The background is dark and out of focus.

**YOUR BRAIN
IS AMAZING.
LET'S KEEP IT
THAT WAY.**

.YAW TAHT

3 **Figure 1.** Pyramid of approaches to reduce incident dementia in Scotland, from public health interventions for the Scottish population (bottom tier) to clinical Brain Health Services for the individual (top tier)

